

Volunteers of all ages and abilities are welcome from **1pm – 4pm at The Winnetka Community House**, 620 Lincoln Avenue, Winnetka, to help ten nonprofits with a variety of hands-on meaningful projects for the homeless, vets, children, refugees animals and more.

Important repeat feature this year – Speak Out! *This is a perfect project in class for those students who might like to prepare something to share on Monday at our Open Mic. Reflections, poetry, song, personal reflections all welcomed.* Participants are encouraged to share their perspectives all afternoon behind the microphone about Martin Luther King, civil liberties and how we can unite together to achieve equality and understanding. Discuss your thoughts in a respectful, productive and if you'd like, creative manner. Recite something you or another author has written or speak or sing extemporaneously.

Over 700 people from the North Shore and metro Chicago area join together each year in this MLK Day of Service.

There are no fees or reservations to attend. All project materials are provided except those wishing to make blankets must bring 4 yards of fleece fabric and fabric scissors. A donation of laundry detergent is also welcome for the NTT Food Pantry clients and gently used warm coats or boots for refugees.

More info: www.VolunteerCenterHelps.org or

email: info@volunteercenterhelps.org or www.thekindnessconnection.org or

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