

Family Art Night

This workshop is a great time to spend with family and friends and bring home an art project that you created together.

Parents and kids can share or work individually

Ages 3+ with Parent

November 16th, 6:30-7:30pm, Community Recreation Center

\$11.00 RES/\$13.00 NR

Pop Up Class: Dance with Me

Ages 4-13

November 15, 4pm-5:30pm, Community Recreation Center

Do you think you have what it takes to take the stage beside your dancer? Try it out during this workshop before you sign up for class, dancers may bring along one parent or guardian to take class and learn a short routine with.

\$27 RES, \$34 NR

Group Ukulele Lessons

This brand new group class is sure to hit high notes with the youngest musicians! Learn the basics of ukulele, including chords, strumming patterns and fundamentals of music. Before purchasing an instrument, contact Ultimate School of Guitar at 773.508-9443 for details and rentals.

Ages 5-8

Saturdays, 11:00-11:45am, October 27-December 15, Community Recreation Center

\$161 RES/\$201 NR

Canzonetta Youth String Orchestra Concert

Join us for a fun and free concert featuring some of Wilmette's most talented young musicians!

Tuesday, November 13, 7pm, Community Recreation Center

Sunday Youth Basketball League

Boys & Girls, Grade 1-3

Early Bird Registration Deadline: Wednesday, November 21

Final Registration Deadline: Wednesday, December 5

Early Bird Fee R-\$140/NR-\$175

Regular Fee R-\$160/NR-\$195

Su 11 am-6 pm 1/13-3/17 10 weeks

Girls Grade 1 928301-01 Boys Grade 1 928304-01

Girls Grade 2 928302-01 Boys Grade 2 928305-01

Girls Grade 3 928303-01 Boys Grade 3 928306-01

Children are placed on teams based on which school they attend (please remember to indicate; note: we can no longer accept friend requests or requests for placement with a particular coach). Each team will receive uniform shirts. On the first two Sundays, Jan.13 & 20, team coaches will run practices. Coaches will notify team members about practice times after the coaches meeting on Jan. 8. All levels will begin playing games on Jan. 27.

A weekday practice will be offered for Grade 2 and 3. If you would like to volunteer to coach please email Sara Hilby at shilby@wilpark.org or fill out a volunteer coaching form at the Community Recreation Center. Locations: Community Recreation Center, Central School and Highcrest Middle School.

Free Week at the CFC!

Must be 11 to participate.

Guests ages 11-14 must be accompanied by an adult.

Looking for a local place to get your workout in? Come try out the Center Fitness Club located off the corner of Glenview Rd. and Skokie Blvd. for one week, **free of charge**. Come sign up on the second floor and see what the CFC has to offer you.

Here's what you get during your free week:

Choice of any two classes on our group exercise schedule (see attached.)

Access to:

- Selectorized Precor and Free Motion strength equipment for a full body workout
- Cardio Area: Treadmills, Ellipticals, Bikes, Climbers, and more
- Use of our indoor track
- Free weight area, includes: dumbbells, squat racks, stationary and mobile benches
- Full service locker room

Club Hours: M-Th 5 am – 10 pm, F 5 am – 8 pm, Sa 6:30am – 6:00 pm, Su 7:00 am – 5:00 pm

Hustle through the Holidays

Must be 11 to participate.

Guests ages 11-14 must be accompanied by an adult.

Stay motivated between the holidays and participate in the Center Fitness Club's Hustle through the Holidays challenge. Participants are tasked with completing 3 fitness challenges aimed to keep them sweating during the holiday season. Participants will also receive a program T-Shirt (sizes may be limited.)

Not a member of the gym? No problem! Non-CFC members will receive unlimited access to the facility and classes with their registration fee. As a special thank you to our teachers, registration will be discounted.

\$20 CFC Members, \$65 Non-CFC members, \$50 Teachers

Registration Period: November 19th – November 25th